



Managing Complex Chronic Care (MC3)TM

Three Steps to Use MC3 Criteria for Identifying Patients at High Risk for Hospitalization

STEP 1: Check yes for presence and no for absence of each of the following MC3 criteria.

Disease Profile		
	No	Yes
Two or more chronic conditions?	<input type="checkbox"/>	<input type="checkbox"/> = 1 point
Diagnosis of Congestive Heart Failure, Chronic Obstructive Pulmonary Disease, Diabetes Mellitus, End Stage Renal Disease or Cancer?	<input type="checkbox"/>	<input type="checkbox"/> = 2 points
Diagnosis of Dementia or Depression?	<input type="checkbox"/>	<input type="checkbox"/> = 3 points

Treatment Profile		
	No	Yes
Five or more medications?	<input type="checkbox"/>	<input type="checkbox"/> = 1 point
Cannot self-manage medications?	<input type="checkbox"/>	<input type="checkbox"/> = 2 points
Hospital admission or Emergency Room visit within last year?	<input type="checkbox"/>	<input type="checkbox"/> = 3 points

Functional Profile		
	No	Yes
Impairment of 2 or more Independent Activities of Daily Living (shopping, preparing meals, housework, using transportation, using telephone or managing money)?	<input type="checkbox"/>	<input type="checkbox"/> = 1 point
Impairment of 1 or more Activities of Daily Living (eating, bathing, dressing, getting in or out of chair, walking or using toilet)?	<input type="checkbox"/>	<input type="checkbox"/> = 2 points
Inability to access healthcare or lack of support at home?	<input type="checkbox"/>	<input type="checkbox"/> = 3 points

STEP 2: Calculate total score by adding checked point values. **Total MC3 Score**

STEP 3: If Total MC3 Score is 5 or greater, the patient is at high risk for hospitalization.